

E830 ELLIPTICAL

INSTITUTIONAL SERIES

E830 Elliptical



PROGRAMS
Interval
Glute (x3)
Random (x10,000)
Track
Manual
Cardio HRC
Weight Loss HRC
ZoneTrainer™
Vari-Stride™ (x3)
FEEDBACK OPTIONS
Workout Level
Strides per minute
Time
Heart Rate
Stride Length
Calories
Distance
Calories per hour
Total Strides
DISPLAY
Dot Matrix with LEDs
ActivZone™ icon
Touch-N-Go™ Programs

HEART RATE TOOLS
Telemetry and Contact Heart Rate
CardioAdvisor™
ZoneTrainer™
ADVANCED FEATURES
Dual-action total body motion
MyFlex™ cushioning system
MAX USER WEIGHT
450 lbs.
WEIGHT
282 lbs.
DIMENSIONS (LxWxH)
86" x 24" x 68"
PERFORMANCE FEATURES
20 levels of resistance
17" - 29" electronically adj. stride
RESIDENTIAL WARRANTY
Lifetime frame
Lifetime mechanical parts
7 years electronic parts
1 year labor
COMMERCIAL WARRANTY
Use profile: no fees facility
3 years parts
1 year labor

KEY FEATURES

17"-29" electronically adjustable stride length allows the user to find the stride that fits their body and workout style

Vari-Stride™ programs slowly increase stride length for greater calorie burn and work multiple muscle groups in one session

Dual-action motion provides a total body workout

Heart rate telemetry and heart rate control programming allows the user to train more effectively

MyFlex™ pedal cushioning system provides a comfortable workout platform

Optional entertainment screen bracket



The E830 features a state-of-the-art dot matrix display with CardioAdvisor™ heart rate system. Bright LED readouts give the user valuable feedback on their workout and multiple programs provide variety so workouts never get boring.